



## **Instructions for EGD**

**In advance:** Arrange for someone to remain in the center during your procedure and to drive you home afterward.

**Five – Seven (5-7) days prior to your procedure:** Stop taking Coumadin, Plavix, Pradaxa, and Effient unless instructed otherwise by the doctor. It is ok to take Tylenol. Additional medications to avoid: Aggrenox, Butalbital, Corcidin, Iron, Ferrous Sulfate, Hemocyte Plus, Norgesic, Persantine.

### **NOTHING TO EAT OR DRINK AFTER MIDNIGHT**

**(The day before your procedure)**

**\*Diabetics-Monitor your blood glucose carefully.**

**The day of your procedure:** You may take heart or blood pressure medications at 6 am with minimal water. Otherwise, **nothing to eat or drink!**

**Wear loose, warm clothing and socks (you may bring a blanket).**

**No jewelry, valuables, or nail polish.**

**\*Diabetics do not take oral diabetic meds or insulin. You may suck on hard candy for low blood glucose.**